



The CPD Standards Office  
CPD PROVIDER: 22640  
2024-2025  
[www.cpdstandards.com](http://www.cpdstandards.com)

CPD training for anyone who works with children or teenagers.

**National Standards CPD accredited sessions**

All sessions booked & delivered online via [facefamilyadvice.co.uk](http://facefamilyadvice.co.uk)

Thursday  
2 May

19:00 - 21:00  
£24



**Anxiety Explained**

Anxiety, especially in our young is rising. This session explains what it is, why it happens and how you can help.

Monday  
13 May

19:00 - 21:00  
£24



**Autism: Improving Communication**

Small changes can lead to huge improvements with your ability to communicate with someone on the spectrum.

Monday  
20 May

19:00 - 21:00  
£24



**Understanding the Teenage Brain**

Improve your understanding and communication with your teen. Why they think, feel and behave very differently from adults.

Tuesday  
21 May

19:00 - 21:00  
£24



**Raising Self-Esteem**

How to support healthy self-esteem in your children and yourself. Easy to apply interventions shared.